

**CONNECTICUT CERTIFIED ALCOHOL AND DRUG
ABUSE COUNSELOR (CADAC) TRAINING PROGRAM
SCHEDULE FOR 2022-2023
(Class meets 10:00am to 3:30pm and is five contact hours)**

MODULE 1: <i>Psychopharmacology: Substance Abuse and Addiction</i>		
Date	Instructor	Class
11/05/22	Michele Kowalewski	Survey of Drugs of Abuse I
11/12/22	Michele Kowalewski	Survey of Drugs of Abuse II
11/19/22	Michele Kowalewski	Survey of Drugs of Abuse III
11/26/22	N/A	No Class
12/03/22	Michele Kowalewski	Survey of Drugs of Abuse IV
12/10/22	Alan Nolan	Introduction to Pharmacology I
12/17/22	Alan Nolan	Introduction to Pharmacology II
12/24/22	N/A	No Class
12/31/22	N/A	No Class
01/07/23	Alan Nolan	Introduction to Pharmacology III
01/14/23	Alan Nolan	Introduction to Pharmacology IV

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MODULE 2: <i>Fundamentals of Psychopathology and Diagnosis</i>		
Date	Instructor	Class
01/21/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders I
01/28/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders II
02/4/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders III
02/11/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders IV
02/18/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders V
02/25/23	Alan Nolan	Review of the Diagnostic and Statistical Manual of Mental Disorders VI
03/04/23	Michele Kowalewski	Co-occurring Mental Health and Substance Use Disorders I
03/11/23	Michele Kowalewski	Co-occurring Mental Health and Substance Use Disorders II
03/18/23	Alan Nolan	Cross Cultural Counseling I
03/25/23	Alan Nolan	Cross Cultural Counseling II
04/01/23	Alan Nolan	Cross Cultural Counseling III

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MODULE 3: <i>Issues with Case Management & Special Populations</i>		
Date	Instructor	Class
04/08/23	N/A	No Class
04/15/23	Alan Nolan	Integrating Substance Abuse and Primary Care (Infectious Disease: HIV & Hepatitis C)
04/22/23	Michele Kowalewski	Understanding Court, Parole, and Probation
04/29/23	Michele Kowalewski	Crisis Intervention
05/06/23	Alan Nolan	Family Systems Theory
05/13/23	Alan Nolan	Spirituality of Recovery
05/20/23	Michele Kowalewski	12 Step models
05/27/23	N/A	No Class

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MODULE 4: <i>The 8 Performance Domains of Counseling</i>		
Date	Instructor	Class
06/03/23	Alan Nolan	Ethics I
06/10/23	Alan Nolan	Ethics II
06/17/23	N/A	No Class
06/24/23	Alan Nolan	Ethics III & Confidentiality Law
07/01/23	N/A	No Class
07/08/23	Michele Kowalewski	The 8 Performance Domains I
07/15/23	Michele Kowalewski	The 8 Performance Domains II
07/22/23	Michele Kowalewski	The 8 Performance Domains III
07/29/23	Michele Kowalewski	The 8 Performance Domains IV
08/05/23	Michele Kowalewski	The 8 Performance Domains V
08/12/23	Alan Nolan	Core Counseling Techniques I
08/19/23	Alan Nolan	Core Counseling Techniques II
08/26/23	Alan Nolan	Core Counseling Techniques III
09/02/23	N/A	No Class

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MODULE:5 <i>Treating Substance Abuse: Overview of Counseling Theories</i>		
Date	Instructor	Class
09/09/23	Alan Nolan	Overview of Psychotherapeutic Models
09/16/23	Michele Kowalewski	Motivational Interviewing I
09/23/23	Michele Kowalewski	Motivational Interviewing II
09/30/23	Michele Kowalewski	Motivational Interviewing III
10/07/23	Michele Kowalewski	Motivational Interviewing IV
10/14/23	Alan Nolan	Cognitive/Behavior Therapies I (Behaviorism)
10/21/23	Michele Kowalewski	Cognitive/Behavior Therapies II (Cognitive Therapy)
10/28/23	Michele Kowalewski	Cognitive/Behavior Therapies III
11/04/23	Michele Kowalewski	Relapse Prevention I
11/11/23	Michele Kowalewski	Relapse Prevention II
11/18/23	Michele Kowalewski	Relapse Prevention III
11/25/23	N/A	No Class
12/2/23	Michele Kowalewski	Group Process I
12/9/23	Michele Kowalewski	Group Process II

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12/16/23	Michele Kowalewski	Group Process III
12/23/23	N/A	No Class
12/30/23	N/A	No Class
1/6/24	Michele Kowalewski	Group Process IV
1/13/24	Alan Nolan	ASAM Patient placement criteria & SA Treatment Modalities
1/20/24	Alan Nolan	Medicated Assisted Treatment
1/27/24	TBD	Make up Class – If needed